

Fasting for the Glory of God

Matthew 6:16-18

I. When You Fast (v 16a)

A. _____ Fasting Is

B. _____ Fasting Happens

C. _____ to Fast

II. Fasting _____ (v 16b)

A. Focuses on _____ and _____ to Self

B. _____ God

III. Fasting _____ (vv 17-18)

A. Focuses on _____ and _____ From Self

B. _____ God

Fasting that pleases the Father is for His glory and His eyes only.