

Christmas as Joyful Exodus

Psalm 105:42-45
Small Group Questions

WEEK OF DECEMBER 14-20, 2025

- (1) Read Psalm 105 together.
 - (a) What is the general flow of the Psalm? What is recounted in Israel's history?
 - (b) What seems to be the dominant theme?
 - (c) How do verses 42-45 serve as a fitting conclusion to exploring this theme?
- (2) How do the themes of Psalm 105:42-45 intersect with the themes of the *Benedictus* that we studied in Luke 1:68-79?
- (3) While Psalm 105:42-45 is not a direct prophecy about the Incarnation, how should we understand it as pointing forward to the coming of Christ to deliver us in the greater Exodus?
- (4) In this passage, what is the historical backdrop to God's saving His people from slavery in Egypt? (Genesis 12:1-3; 15:5, 18-20; 22:15-17)
- (5) How does Paul apply this to us in Romans 4:13-18, 23-25? How does that enrich and shape the way we apply God's faithfulness to Israel under the Old Covenant?
- (6) What impact did God's deliverance have on Israel as seen in Psalm 105:43? (Exodus 15 is a prime example of what this looked like.)
 - (a) How ought Israel's response be mirrored/surpassed by our own response at the greater Exodus?
 - (b) What are common things that keep us from this?
 - (c) When we are at a place of "not feeling it," what ought we to do? What biblical counsel might we give ourselves and one another to help direct our hearts in these moments? (Psalms 42-43; Philippians 4:4-9; Hebrews 12:1-3)
- (7) According to verse 45, why did God give Israel the Promised Land?
 - (a) How does this shape what God commands in Deuteronomy 6:4-15?
 - (b) In what specific ways should that shape our own lives?